



Contact

Phone:
+27 82 770 6941

Email:
julia@wideopenspaces.co.za

JULIA BONADEI

Executive & Systemic Team Coach – Johannesburg, South Africa
Wide Open Spaces – Coaching & Leadership Development

Julia is a certified professional Integral and Ontological Coach having successfully completed both the Professional Coaching Course (PCC) through the Centre for Coaching at the UCT Graduate School of Business' and the Graduate Diploma in Ontological Coaching through Newfield Institute, Australia. She is an active PCC credentialed member of the International Coach Federation (ICF) and a practitioner member of COMENSA. She is also the Johannesburg Associate Representative of the Ontological Coaching Institute (operating as Newfield Institute in Australia) as well as Leadership Embodiment International (USA). Julia has also completed the Master Practitioner Diploma in Systemic Team Coaching with AoEC (UK). Based in Johannesburg, she also works internationally.

Julia has been coaching executives and leaders since 2009. In addition to offering one-on-one outcomes-based coaching, Julia also works systemically with organisations and their teams to improve performance, grow leadership competence, and emotional and somatic intelligence. She does this through designing and facilitating leadership programmes at team and organisational level, based on strategic needs and addressing concerns such as essential leadership conversations, effective communication (verbal and non-verbal), conflict resolution, team dynamics and the Enneagram.

Julia has a foundation in Human Resources gained in roles she has held across different vertical industries ranging from manufacturing, legal (UK), recruitment and property. In 2004 she took over the leadership of a family-owned commercial property company which exposed her to areas of business such as strategy formulation and implementation, investments, procurement, operational and financial management, contract negotiations, project management and property development. As a result of her diverse experience, Julia has a well-rounded insight and understanding of the complexities and challenges facing leaders in their professional and personal lives in a world that is ever-changing and complex.

Coaching Approach:

Julia partners with her clients to address their unique 'Way of Being' in the world in a way that enables them to make long-term, sustainable shifts. Her clients are able to apply the learning from the coaching context to all domains of their lives, leading to more meaning and fulfilment professionally and personally. The over-arching result is that the client experiences performance excellence and gains the competence to self-generate possibilities beyond the coaching relationship.

Clients:

Absa Bank Limited, Allan Gray
Orbis Foundation, Business
Connexion, Coca-Cola Bottling
SA, Development Bank of
Southern Africa, Deltamune,
Democratic Alliance, Edcon,
ElectroMechanica, Galderma
Laboratories, GE Healthcare,
Ikageng, Jeppe Boys School,
Life-Line Western Cape, MTN,
Mbatha Walters & Simpson,
Nedbank, New Concept Mining
(Powered by Epiroc), Pick 'n Pay
Retailers, Pretoria Eye Institute,
PWC Europe & USA, SABMiller
(ABInBev), Rand Merchant Bank,
Spar Group, Standard Bank,
Tsebo Facilities Solutions,
Tomorrow Trust, UCT-GSB, WWF
(World Wildlife Fund)

Coaching Experience:

CEO's, Senior Executives, Middle
Managers, First Line Managers,
Sales Executives, Entrepreneurs,
Private Clients, Manco & Exco
Teams

Industry Experience:

Human Resources, Recruitment,
Manufacturing, Family-Owned
Businesses, Financial Services,
Investment Banking, FMCG,
Retail, Education, NGO Sector,
Legal, Medical Technology,
Political Party, Professional
Services, Property, Banking,
Information Technology,
Parastatal, Pharmaceutical,
Telecommunications,
Entrepreneurship

Languages

English, Afrikaans,
conversational Italian,
basic German

Areas of Expertise:

- Executive and Leadership Coaching
- Systemic Team Coaching and Group Coaching
- Coaching leaders to transition to next organisational level
- Bespoke Leadership Development design and workshop facilitation
- Conversational methodology for effective leadership, including non-verbal communication & conflict management
- Leadership Embodiment Training and Coaching
- Diagnostic interviews and cultural surveys
- Enneagram personality profiling and coaching for individuals and teams
- The Leadership Circle profiling

Prior Corporate Experience:

- 7 Years in generalist HR
- 1 Year in Professional Recruitment
- 20 Years in Commercial Property Entrepreneurship

Education:

- Systemic Team Coaching Master Practitioner Diploma, AoEC, 2018
- Graduate Diploma in Ontological Coaching 2013
- Professional Coaching Course from Centre for Coaching, UCT-GSB & New Ventures West, USA – 2009-2011
- NHD in Human Resources Management from Cape Technikon (Cum Laude) - 1993
- Depth Leadership Course
- Johannesburg Representative and Associate of Newfield Institute (Australia) Leadership Embodiment Training and Coaching
- Diagnostic interviews and cultural surveys
- Enneagram & The Leadership Circle profiling, debriefing and coaching for individuals and teams

Projects:

- Designing and facilitating first-of-a-kind Social Learning Partnerships for Global NGO.
- Facilitated workshops and provided leadership coaching on a 5-year OD project to shift leadership culture in a manufacturing multinational in SA across 5 manufacturing plants.
- On-going coaching on in-house senior leadership development programme that runs over 12 months each year in retail.
- Scoping, designing, consulting, facilitating and coaching on bespoke systemic team coaching programmes with a variety of senior leadership teams across different industries in SA.
- Public coaching & leadership development workshops in South Africa.
- Facilitation, coaching & workshop design on international senior leadership development programmes for PWC Europe and USA (Global programme for Partner Network).
- Culture-change workshops with Top300 leaders of big-four SA bank.